

Searching for Meaning

# Palestine



Searching for Meaning

# Scotland



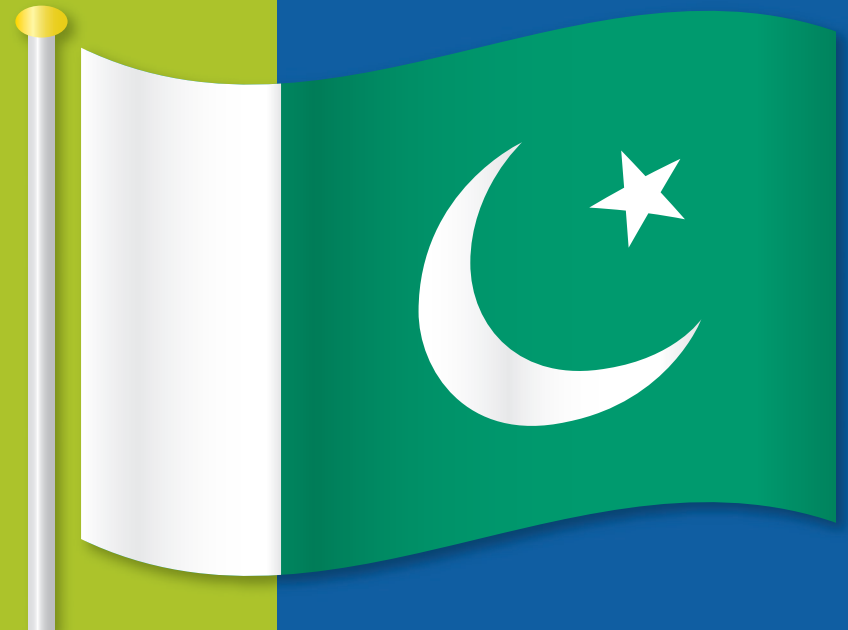
Searching for Meaning

# Philippines



Searching for Meaning

# Pakistan



Searching for Meaning

India



Searching for Meaning

Ethiopia



# Lifestyle Boxes



Tick the box when you are **sure** you have achieved each of the following.

By the end of **week 3** you will have:

- **Named your child**
- **Identified the religion**
- **Identified basic beliefs i.e.**
  - Place of worship (and their key features)
  - Holy Day, Holy Book
  - Religious Symbols and their meanings
  - Where the religion is practiced in the world
  - Religious clothing
- **Any other important facts**



Image: John Kasawa/FreeDigitalPhotos.net

# Lifestyle Boxes



Tick the box when you are **sure** you have achieved each of the following.

By the end of week 5 you will have:

- **Identified important religious festivals**
- **Identified food laws/special food & drink**
- **Chosen 2 festivals and can explain:**
  - What happens
  - How they are celebrated
  - Why they are important
- **Any other important facts**



Image: Boaz Yiftach/FreeDigitalPhotos.net

# Lifestyle Boxes



Tick the box when you are **sure** you have achieved each of the following.

By the end of week 6 you will be familiar with:

- **The currency, lifestyle & employment in the country**
- **How the followers of the religion practice their faith at home and abroad**
- **Any other important facts**



Image: think4photop/FreeDigitalPhotos.net

# Lifestyle Boxes



Tick the box when you are **sure** you have achieved each of the following.

By the end of week 10 you will have considered a moral dilemma and have formed a line of argument based upon:

- **Your own views**
- **Religious views**
- **Scientific views**
- **Other relevant views**



Image: Simon Howden/FreeDigitalPhotos.net



# Hinduism: A History

**Hinduism** is the third largest world religion with about 900 million Hindus worldwide. In 2001 there were about 559,000 Hindus in the UK, most of whom came originally from Gujarat and Punjab in India.

The religion dates back over 4,000 years.

Hinduism is made up of a variety of different religious beliefs and practices which originated near the river Indus in India. The name 'Hindu' comes from the word Indus.

Central to Hinduism is the belief in a supreme God **Brahman**, the universal soul, which is found in everything.

Brahman is worshipped in a variety of forms, including **Vishnu, Krishna, Rama, Shiva** and several others. Hinduism does not have any founder.

Hindus believe that life is a **cycle of birth, death, and rebirth, governed by Karma**.

Hindus believe that every action has an effect and there is a cause for everything. This is called the law of Karma.

Hindus believe that the soul passes through a cycle of lives and that the next life is dependent on how the previous life was lived.

**Puja (worship)** takes place in the Mandir (temple).

Mandirs vary in size from small village shrines to large buildings, surrounded by walls.

People can also visit the Mandir at any time to pray and participate in the bhajans (religious songs)

## Holy Books and Festivals

### Holy Books

The main Hindu scriptures are:

- the **Vedas**, a collection of hymns praising the Vedic gods. Veda means 'knowledge'
- the **Ramayana**, long epic poems about Rama and Sita
- the **Mahabharata**, which includes the Bhagavad Gita
- the **Puranas**, a collection of stories about the different incarnations and the lives of saints

### Festivals

Hindus celebrate many holy days

- **Diwali** (the festival of lights) is the best known (see picture)
- **Holi** (celebrating the coming of Spring)
- **Navaratri** (celebrating fertility and harvest),
- **Raksha Bandhan** (celebrating the bond between brother and sister)





# Christianity: A History

**Christianity** is the largest religion in the world with over 2 billion followers. 42 million people in Britain today describe themselves as Christian, and there are 6 million who are actively practising.

Christianity is focussed on the life and teachings of **Jesus Christ**, who Christians believe to be the Son of God. Jesus was born in Bethlehem in the Middle East over 2000 years ago.

The Christian holy book is the **Bible**. It is divided into the Old and New Testaments.

The New Testament explains how God sent his only son, Jesus Christ, to restore the broken relationship between people and God which had been caused by human wrong doing.

Jesus was executed on a cross (Crucifixion) as a criminal by the Romans, and according to Christian teaching after three days he rose from the dead (the Resurrection)

## Key Beliefs

Christians believe that there is only one God, but that he is revealed in **three different forms**:

- God the Father
- God the Son
- The Holy Spirit

Christians model themselves on the life and teachings of Jesus Christ. Jesus taught people to love God and love their neighbour.

Many Christians worship in **churches**. Some groups meet in homes and other buildings. 'Church' means the gathering of Christians as well as the building in which Christians worship.

Their leaders are called **priests or ministers**.

Different ways of understanding Christian teachings has led to groups of Christians worshipping in different ways. These denominations include the Church of England, the Roman Catholic Church, the Eastern Orthodox Church and many others.

Many churches hold a service called Communion, Eucharist or Mass, in which bread and wine are shared together, just as Jesus did with his followers before his death.

The most important Christian festivals are: **Lent, Easter** and **Christmas**.





# Judaism: A History

Judaism is the original of the three Abrahamic faiths, which also includes **Christianity** and **Islam**. According to information published by The Jewish People Policy Planning Institute, there were around 13.1 million Jewish people in the world in 2007, most residing in the USA and Israel. According to the 2001 census 267,000 people in the UK said that their religious identity was Jewish, about 0.5% of the population.

- Judaism originated in the Middle East over 3500 years ago
- Judaism was founded by **Moses**, although Jews trace their history back to **Abraham**.
- Jews believe that there is only one God with whom they have a **covenant**.
- In exchange for all the good that God has done for the Jewish people, Jewish people keep God's laws and try to bring holiness into every aspect of their lives.
- Judaism has a rich history of religious text, but the central and most important religious document is the **Torah**.
- Jewish traditional or oral law, the interpretation of the laws of the Torah, is called *halakhah*.
- Spiritual leaders are called Rabbis.
- Jews worship in **Synagogues**.
- 6 million Jews were murdered in the Holocaust in an attempt to wipe out Judaism.

## Key Beliefs

### Judaism is a family faith

Judaism is very much a family faith and the ceremonies start early, when a Jewish boy **baby** is **circumcised** at eight days old, following the instructions that God gave to **Abraham** around 4,000 years ago.

Many Jewish religious customs revolve around the home. One example is the **Sabbath** meal, when families join together to welcome in the special day.

### Judaism is the faith of a Community

Jews believe that God appointed the Jews to be his chosen people in order to set an example of holiness and ethical behaviour to the world.

Jewish life is very much the life of a community and there are many activities that Jews must do as a community.

Jews also feel part of a global community with a close bond Jewish people all over the world. A lot of Jewish religious life is based around the home and family activities.

### The relationship with God

Jews believe that there is a single God who not only created the universe, but with whom every Jew can have an individual and personal relationship.

They believe that God continues to work in the world, affecting everything that people do.

The Jewish relationship with God is a covenant relationship. In exchange for the many good deeds that God has done and continues to do for the Jewish People...

- The Jews keep God's laws
- The Jews seek to bring holiness into every aspect of their lives.





# Islam: A History

**Islam** is the second largest religion in the world with over 1 billion followers. There are around 2 million Muslims in Britain, around 2.7% of the population.

The word 'Islam' in Arabic means submission to the will of God.

Followers of Islam are called **Muslims**. Muslims believe there is one true God **Allah** (the Arabic word for God).

Muslims believe that Islam was revealed over 1400 years ago in Mecca, Arabia through a man called **Muhammad**. Muhammad is so revered that it is usual for Muslims to say 'peace be upon him' whenever they mention his name.

Muhammad is believed by Muslims to be the last prophet sent by God (Allah). According to Muslims, God sent prophets to mankind to teach them how to live according to His law. Jesus (Isa), Moses (Musa) and Abraham (Ibrahim) are other respected prophets.

Muslims worship in a building called a **Mosque**. On Friday at noon, the most important of the weekly services is held. When Muslims pray, they must always face Makkah in Saudi Arabia.

## Holy Book

The Muslim holy book is called the **Qur'an**. Muslims believe this to be the word of Allah as dictated to Muhammad. They also have the **Sunnah**, which Muslims believe to be the practical example of Prophet Muhammad.

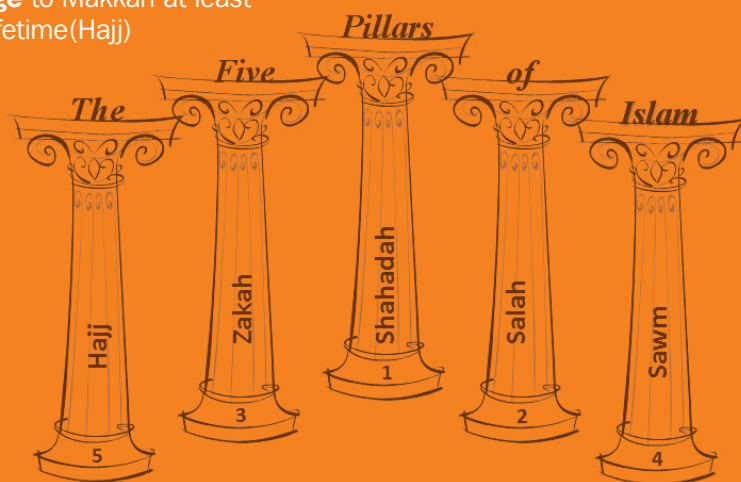
## Key Beliefs

Muslims follow the five basic **Pillars of Islam**.

The Five Pillars of Islam are an essential part of Muslim life.

These pillars are:

- the **declaration of faith** (Shahada)
- **praying** five times a day (Salat)
- giving money to **charity** (Zakah)
- **fasting** (Sawm)
- a **pilgrimage** to Makkah at least once in a lifetime (Hajj)





# Buddhism: A History

**Buddhism** has around 376 million adherents throughout the world, with approximately 150,000 active Buddhists in the UK. This number is increasing all the time.

Buddhism started in India over 2,500 years ago. The essence of Buddhism is the attainment of enlightenment. It points to a way of life that avoids self-indulgence and self-denial. There is no supreme god or deity in Buddhism.

Buddha means 'enlightened'. **Siddharta Gautama**, later to become the Buddha, lived in the 5th century BC and was a prince born into a rich family. He had an easy life, living in what is now Nepal. However, when he saw the suffering of old age, sickness and death, he decided to renounce his life in the palace and live among the holy men of the day in search of truth and enlightenment. His search took him six years, but he became enlightened whilst meditating under a Bodhi tree. Following this he dedicated his life to spreading the teaching. The Buddha is not considered a god by his followers.

He discovered that the answer lay in what have become known as the **Four Noble Truths**. Craving and desire keep people on the wheel that is the cycle of birth and rebirth, and it is possible to escape this cycle by following the Four Noble Truths.

## Buddhism: Key Beliefs

### Five Moral Precepts

All Buddhists undertake to live by the **Five Moral Precepts** which mean refraining from:

- **harming living things**
- **taking what is not given**
- **sexual misconduct**
- **lying or gossip**
- **taking intoxicating substances e.g. drugs or drink**

Buddhists follow the Buddha's example. When they meditate, Buddhists focus on awakening to truth as the Buddha did. In Buddhist countries, there are many temples where people can make offerings of flowers and incense for the shrine and food for the monks. They may also have a shrine within the home. When entering a temple, Buddhists will take off their shoes, put their hands together and bow to the image of the Buddha. In their practice they may use prayer beads called malas.

The main Buddhist ceremonies are the **Uposatha** observance days when monastics and lay people renew their commitment to the teaching and practice. These are held on each quarter of the moon. The main Buddhist festival of the year is **Wesak**, the celebration of the Buddha's birth, enlightenment and death, except in Japanese Buddhism where these three events are observed on different days.



Searching for Meaning

# Ethiopia



Searching for Meaning

# India



Searching for Meaning

# Pakistan



Searching for Meaning

# Palestine



# Philippines



# Cost of Living

## Ethiopia

<b>Restaurants</b>	<b>Glasgow</b>	<b>Addis Ababa</b>	<b>Difference</b>
Meal, Inexpensive Restaurant	15.95 £	2.47 £	-84.54 %
Meal for 2, Mid-range Restaurant, Three-course	40.37 £	9.76 £	-75.83 %
Combo Meal at McDonalds or Similar	5.23 £	2.44 £	-53.32 %
Domestic Beer (0.5 liter draught)	2.61 £	0.84 £	-67.89 %
Imported Beer (0.33 liter bottle)	2.98 £	1.42 £	-52.45 %
Cappuccino (regular)	1.90 £	0.47 £	-75.21 %
Coke/Pepsi (0.33 liter bottle)	1.03 £	0.73 £	-28.86 %
Water (0.33 liter bottle)	1.01 £	0.50 £	-50.89 %
<b>Markets</b>			
Milk (regular), 1 liter	1.13 £	0.57 £	-49.96 %
Loaf of Fresh White Bread (500g)	1.27 £	0.41 £	-67.86 %
Eggs (12)	2.33 £	0.85 £	-63.54 %
Fresh Cheese (1kg)	3.30 £	5.35 £	+62.08 %
Chicken Breasts (Boneless, Skinless), (1kg)	10.35 £	4.41 £	-57.41 %
Apples (1kg)	1.76 £	2.90 £	+64.21 %
Oranges (1kg)	0.95 £	0.55 £	-42.70 %
Potato (1kg)	0.73 £	0.28 £	-61.35 %
Lettuce (1 head)	0.96 £	0.38 £	-60.73 %
Water (1.5 liter bottle)	1.43 £	0.36 £	-75.05 %
Bottle of Wine (Mid-Range)	5.54 £	4.94 £	-10.78 %
Domestic Beer (0.5 liter bottle)	2.79 £	0.32 £	-88.57 %
Imported Beer (0.33 liter bottle)	2.50 £	1.20 £	-52.08 %
Pack of Cigarettes (Marlboro)	5.94 £	1.29 £	-78.29 %
<b>Transportation</b>			
One-way Ticket (local transport)	2.03 £	0.10 £	-95.04 %
Monthly Pass	32.79 £	?	
Taxi Start (Normal Tariff)	2.48 £	?	
Taxi 1km (Normal Tariff)	?	?	
Taxi 1hour Waiting (Normal Tariff)	?	?	
Gasoline (1 liter)	1.30 £	0.61 £	-53.31 %
Volkswagen Golf 1.4 90 KW Trendline (Or Equivalent New Car)	15,528.54 £	28,331.58 £	+82.45 %



# Cost of Living

## Ethiopia

<b>Utilities (Monthly)</b>	<b>Glasgow</b>	<b>Addis Ababa</b>	<b>Difference</b>
Basic (Electricity, Gas, Water, Garbage)	129.51 £	?	
1 min. of Prepaid Mobile Tariff Local (No Discounts or Plans)	0.19 £	0.07 £	-63.55 %
Internet (6 Mbps, Flat Rate, Cable/ADSL)	25.26 £	20.07 £	-20.57 %
<b>Sports and Leisure</b>			
Fitness Club, Monthly Fee for 1 Adult	36.46 £	25.18 £	-30.92 %
Tennis Court Rent (1 Hour on Weekend)	?	3.78 £	
Cinema, International Release, 1 Seat	7.30 £	1.79 £	-75.43 %
<b>Clothing and Shoes</b>			
1 Pair of Levis 501 (Or Equivalent)	55.67 £	?	
1 Summer Dress in a Chain Store (Zara, H&M, ...)	44.63 £	?	
1 Pair of Nike Shoes	57.36 £	?	
1 Pair of Men Leather Shoes	67.51 £	9.44 £	-86.01 %
<b>Rent per Month</b>			
Apartment (1 bedroom) in City Centre	577.27 £	299.06 £	-48.19 %
Apartment (1 bedroom) Outside of Centre	443.69 £	187.30 £	-57.79 %
Apartment (3 bedrooms) in City Centre	923.02 £	786.99 £	-14.74 %
Apartment (3 bedrooms) Outside of Centre	605.72 £	464.32 £	-23.34 %
<b>Buy Apartment Price</b>			
Price per Square Meter to Buy Apartment in City Centre	?	503.67 £	
Price per Square Meter to Buy Apartment Outside of Centre	?	377.75 £	
<b>Salaries and Financing</b>			
Median Monthly Disposable Salary (After Tax)	1,581.00 £	306.40 £	-80.62 %
Mortgage Interest Rate in Percentages (%), Yearly	4.50	10.00	+122.22 %

Cost are approximately and cannot be verified.

Last update  
Contributors (past 18 months)

December, 2011  
24

January, 2012  
14

# Cost of Living

## Mumbai - India

<b>Restaurants</b>	<b>Glasgow</b>	<b>Mumbai</b>	<b>Difference</b>
Meal, Inexpensive Restaurant	15.95 £	2.23 £	-86.05 %
Meal for 2, Mid-range Restaurant, Three-course	40.37 £	9.30 £	-76.97 %
Combo Meal at McDonalds or Similar	5.23 £	2.45 £	-53.06 %
Domestic Beer (0.5 litre draught)	2.61 £	0.98 £	-62.58 %
Imported Beer (0.33 litre bottle)	2.98 £	1.80 £	-39.66 %
Cappuccino (regular)	1.90 £	0.85 £	-55.22 %
Coke/Pepsi (0.33 litre bottle)	1.03 £	0.26 £	-74.72 %
Water (0.33 litre bottle)	1.01 £	0.16 £	-84.17 %
<b>Markets</b>			
Milk (regular), 1 litre	1.13 £	0.43 £	-62.04 %
Loaf of Fresh White Bread (500g)	1.27 £	0.24 £	-80.79 %
Eggs (12)	2.33 £	0.58 £	-75.06 %
Fresh Cheese (1kg)	3.30 £	2.76 £	-16.42 %
Chicken Breasts (Boneless, Skinless), (1kg)	10.35 £	2.43 £	-76.50 %
Apples (1kg)	1.76 £	1.19 £	-32.75 %
Oranges (1kg)	0.95 £	0.76 £	-20.69 %
Potato (1kg)	0.73 £	0.25 £	-66.52 %
Lettuce (1 head)	0.96 £	0.33 £	-65.85 %
Water (1.5 litre bottle)	1.43 £	0.29 £	-79.50 %
Bottle of Wine (Mid-Range)	5.54 £	7.10 £	+28.12 %
Domestic Beer (0.5 litre bottle)	2.79 £	0.91 £	-67.53 %
Imported Beer (0.33 litre bottle)	2.50 £	1.48 £	-40.82 %
Pack of Cigarettes (Marlboro)	5.94 £	1.38 £	-76.76 %
<b>Transportation</b>			
One-way Ticket (local transport)	2.03 £	0.25 £	-87.50 %
Monthly Pass	32.79 £	8.95 £	-72.70 %
Taxi Start (Normal Tariff)	2.48 £	0.80 £	-67.71 %
Taxi 1km (Normal Tariff)	?	0.17 £	
Taxi 1hour Waiting (Normal Tariff)	?	1.18 £	
Gasoline (1 litre)	1.30 £	0.85 £	-34.57 %
Volkswagen Golf 1.4 90 KW Trendline (Or Equivalent New Car)	15,528.54 £	12,442.96 £	-19.87 %



# Cost of Living

## Mumbai - India

<b>Utilities (Monthly)</b>	<b>Glasgow</b>	<b>Mumbai</b>	<b>Difference</b>
Basic (Electricity, Gas, Water, Garbage)	129.51 £	29.82 £	-76.97 %
1 min. of Prepaid Mobile Tariff Local ) (No Discounts or Plans)	0.19 £	0.01 £	-93.73 %
Internet (6 Mbps, Flat Rate, Cable/ADSL)	25.26 £	13.59 £	-46.22 %
<b>Sports and Leisure</b>			
Fitness Club, Monthly Fee for 1 Adult	36.46 £	20.17 £	-44.66 %
Tennis Court Rent (1 Hour on Weekend)	?	4.44 £	
Cinema, International Release, 1 Seat	7.30 £	2.35 £	-67.79 %
<b>Clothing and Shoes</b>			
1 Pair of Levis 501 (Or Equivalent)	55.67 £	27.54 £	-50.53 %
1 Summer Dress in a Chain Store (Zara, H&M, ...)	44.63 £	28.37 £	-36.43 %
1 Pair of Nike Shoes	57.36 £	37.94 £	-33.86 %
1 Pair of Men Leather Shoes	67.51 £	30.03 £	-55.51 %
<b>Rent per Month</b>			
Apartment (1 bedroom) in City Centre	577.27 £	143.74 £	-75.10 %
Apartment (1 bedroom) Outside of Centre	443.69 £	94.64 £	-78.67 %
Apartment (3 bedrooms) in City Centre	923.02 £	407.07 £	-55.90 %
Apartment (3 bedrooms) Outside of Centre	605.72 £	249.63 £	-58.79 %
<b>Buy Apartment Price</b>			
Price per Square Meter to Buy Apartment In City Centre	?	960.75 £	
Price per Square Meter to Buy Apartment Outside of Centre	?	685.51 £	
<b>Salaries and Financing</b>			
Median Monthly Disposable Salary (After Tax)	1,581.00 £	411.96 £	-73.94 %
Mortgage Interest Rate in Percentages (%), Yearly	4.50	10.38	

Cost are approximately and cannot be verified.

# Cost of Living

## Glasgow

			Difference
<b>Restaurants</b>			
Meal, Inexpensive Restaurant	15.95 £	12.81 £	-19.68 %
Meal for 2, Mid-range Restaurant, Three-course	40.37 £	48.79 £	+20.83 %
Combo Meal at McDonalds or Similar	5.23 £	4.88 £	-6.54 %
Domestic Beer (0.5 liter draught)	2.61 £	3.31 £	+26.42 %
Imported Beer (0.33 liter bottle)	2.98 £	3.39 £	+13.67 %
Cappuccino (regular)	1.90 £	2.40 £	+25.94 %
Coke/Pepsi (0.33 liter bottle)	1.03 £	1.26 £	+22.52 %
Water (0.33 liter bottle)	1.01 £	0.96 £	-4.43 %
<b>Markets</b>			
Milk (regular), 1 liter	1.13 £	0.95 £	-16.48 %
Loaf of Fresh White Bread (500g)	1.27 £	1.08 £	-14.81 %
Eggs (12)	2.33 £	2.21 £	-5.39 %
Fresh Cheese (1kg)	3.30 £	7.20 £	+118.13 %
Chicken Breasts (Boneless, Skinless), (1kg)	10.35 £	7.84 £	-24.26 %
Apples (1kg)	1.76 £	1.69 £	-4.27 %
Oranges (1kg)	0.95 £	1.62 £	+70.03 %
Potato (1kg)	0.73 £	1.38 £	+88.71 %
Lettuce (1 head)	0.96 £	0.93 £	-3.33 %
Water (1.5 liter bottle)	1.43 £	1.08 £	-24.50 %
Bottle of Wine (Mid-Range)	5.54 £	6.54 £	+18.12 %
Domestic Beer (0.5 liter bottle)	2.79 £	1.43 £	-48.68 %
Imported Beer (0.33 liter bottle)	2.50 £	1.62 £	-35.16 %
Pack of Cigarettes (Marlboro)	5.94 £	6.41 £	+7.76 %
<b>Transportation</b>			
One-way Ticket (local transport)	2.03 £	3.13 £	+53.83 %
Monthly Pass	32.79 £	100.39 £	+206.18 %
Taxi Start (Normal Tariff)	2.48 £	2.72 £	+9.87 %
Taxi 1km (Normal Tariff)	?	1.89 £	
Taxi 1hour Waiting (Normal Tariff)	?	54.24 £	
Gasoline (1 liter)	1.30 £	1.30 £	-0.45 %
Volkswagen Golf 1.4 90 KW Trendline (Or Equivalent New Car)	15,528.54 £	16,544.86 £	+6.54 %





# Cost of Living

## Glasgow

### Utilities (Monthly)

			<b>Difference</b>
Basic (Electricity, Gas, Water, Garbage)	129.51 £	149.56 £	+15.48 %
1 min. of Prepaid Mobile Tariff Local (No Discounts or Plans)	0.19 £	0.15 £	-23.31 %
Internet (6 Mbps, Flat Rate, Cable/ADSL)	25.26 £	19.69 £	-22.07 %

### Sports and Leisure

Fitness Club, Monthly Fee for 1 Adult	36.46 £	53.87 £	+47.78 %
Tennis Court Rent (1 Hour on Weekend)	?	10.47 £	
Cinema, International Release, 1 Seat	7.30 £	9.45 £	+29.40 %

### Clothing and Shoes

1 Pair of Levis 501 (Or Equivalent)	55.67 £	63.08 £	+13.32 %
1 Summer Dress in a Chain Store (Zara, H&M, ...)	44.63 £	34.22 £	-23.33 %
1 Pair of Nike Shoes	57.36 £	60.34 £	+5.19 %
1 Pair of Men Leather Shoes	67.51 £	70.26 £	+4.08 %

### Rent per Month

Apartment (1 bedroom) in City Centre	577.27 £	1,339.40 £	+132.02 %
Apartment (1 bedroom) Outside of Centre	443.69 £	899.86 £	+102.81 %
Apartment (3 bedrooms) in City Centre	923.02 £	2,547.24 £	+175.97 %
Apartment (3 bedrooms) Outside of Centre	605.72 £	1,622.40 £	+167.85 %

### Buy Apartment Price

Price per Square Meter to Buy Apartment in City Centre	?	8,542.74 £	
Price per Square Meter to Buy Apartment Outside of Centre	?	4,834.64 £	

### Salaries and Financing

Median Monthly Disposable Salary (After Tax)	1,581.00 £	2,129.99 £	+34.72 %
Mortgage Interest Rate in Percentages (%), Yearly	4.50	4.55	+1.17 %

Cost are approximately and cannot be verified.

Last update

December, 2011    February, 2012

# Cost of Living

## India

<b>Restaurants</b>	<b>Glasgow</b>	<b>India</b>	<b>Difference</b>
Meal, Inexpensive Restaurant	15.95 £	2.23 £	-86.05 %
Meal for 2, Mid-range Restaurant, Three-course	40.37 £	9.30 £	-76.97 %
Combo Meal at McDonalds or Similar	5.23 £	2.45 £	-53.06 %
Domestic Beer (0.5 liter draught)	2.61 £	0.98 £	-62.58 %
Imported Beer (0.33 liter bottle)	2.98 £	1.80 £	-39.66 %
Cappuccino (regular)	1.90 £	0.85 £	-55.22 %
Coke/Pepsi (0.33 liter bottle)	1.03 £	0.26 £	-74.72 %
Water (0.33 liter bottle)	1.01 £	0.16 £	-84.17 %
<b>Markets</b>			
Milk (regular), 1 liter	1.13 £	0.43 £	-62.04 %
Loaf of Fresh White Bread (500g)	1.27 £	0.24 £	-80.79 %
Eggs (12)	2.33 £	0.58 £	-75.06 %
Fresh Cheese (1kg)	3.30 £	2.76 £	-16.42 %
Chicken Breasts (Boneless, Skinless), (1kg)	10.35 £	2.43 £	-76.50 %
Apples (1kg)	1.76 £	1.19 £	-32.75 %
Oranges (1kg)	0.95 £	0.76 £	-20.69 %
Potato (1kg)	0.73 £	0.25 £	-66.52 %
Lettuce (1 head)	0.96 £	0.33 £	-65.85 %
Water (1.5 liter bottle)	1.43 £	0.29 £	-79.50 %
Bottle of Wine (Mid-Range)	5.54 £	7.10 £	+28.12 %
Domestic Beer (0.5 liter bottle)	2.79 £	0.91 £	-67.53 %
Imported Beer (0.33 liter bottle)	2.50 £	1.48 £	-40.82 %
Pack of Cigarettes (Marlboro)	5.94 £	1.38 £	-76.76 %
<b>Transportation</b>			
One-way Ticket (local transport)	2.03 £	0.25 £	-87.50 %
Monthly Pass	32.79 £	8.95 £	-72.70 %
Taxi Start (Normal Tariff)	2.48 £	0.80 £	-67.71 %
Taxi 1km (Normal Tariff)	?	0.17 £	
Taxi 1hour Waiting (Normal Tariff)	?	1.18 £	
Gasoline (1 liter)	1.30 £	0.85 £	-34.57 %
Volkswagen Golf 1.4 90 KW Trendline (Or Equivalent New Car)	15,528.54 £	12,442.96 £	-19.87 %



# Cost of Living

## India

<b>Utilities (Monthly)</b>	<b>Glasgow</b>	<b>India</b>	<b>Difference</b>
Basic (Electricity, Gas, Water, Garbage)	129.51 £	29.82 £	-76.97 %
1 min. of Prepaid Mobile Tariff Local (No Discounts or Plans)	0.19 £	0.01 £	-93.73 %
Internet (6 Mbps, Flat Rate, Cable/ADSL)	25.26 £	13.59 £	-46.22 %
<b>Sports and Leisure</b>			
Fitness Club, Monthly Fee for 1 Adult	36.46 £	20.17 £	-44.66 %
Tennis Court Rent (1 Hour on Weekend)	?	4.44 £	
Cinema, International Release, 1 Seat	7.30 £	2.35 £	-67.79 %
<b>Clothing and Shoes</b>			
1 Pair of Levis 501 (Or Equivalent)	55.67 £	27.54 £	-50.53 %
1 Summer Dress in a Chain Store (Zara, H&M, ...)	44.63 £	28.37 £	-36.43 %
1 Pair of Nike Shoes	57.36 £	37.94 £	-33.86 %
1 Pair of Men Leather Shoes	67.51 £	30.03 £	-55.51 %
<b>Rent per Month</b>			
Apartment (1 bedroom) in City Centre	577.27 £	143.74 £	-75.10 %
Apartment (1 bedroom) Outside of Centre	443.69 £	94.64 £	-78.67 %
Apartment (3 bedrooms) in City Centre	923.02 £	407.07 £	-55.90 %
Apartment (3 bedrooms) Outside of Centre	605.72 £	249.63 £	-58.79 %
<b>Buy Apartment Price</b>			
Price per Square Meter to Buy Apartment in City Centre	?	960.75 £	
Price per Square Meter to Buy Apartment Outside of Centre	?	685.51 £	
<b>Salaries and Financing</b>			
Median Monthly Disposable Salary (After Tax)	1,581.00 £	411.96 £	-73.94 %
Mortgage Interest Rate in Percentanges (%), Yearly	4.50	10.38	

Cost are approximately and cannot be verified.

# Cost of Living

## Karachi - Pakistan

<b>Restaurants</b>	<b>Glasgow</b>	<b>Karachi</b>	<b>Difference</b>
Meal, Inexpensive Restaurant	15.95 £	1.54 £	-90.37 %
Meal for 2, Mid-range Restaurant, Three-course	40.37 £	8.74 £	-78.36 %
Combo Meal at McDonalds or Similar	5.23 £	3.14 £	-39.95 %
Domestic Beer (0.5 liter draught)	2.61 £	1.50 £	-42.51 %
Imported Beer (0.33 liter bottle)	2.98 £	3.50 £	+17.65 %
Cappuccino (regular)	1.90 £	0.94 £	-50.66 %
Coke/Pepsi (0.33 liter bottle)	1.03 £	0.28 £	-72.94 %
Water (0.33 liter bottle)	1.01 £	0.14 £	-86.12 %
<b>Markets</b>			
Milk (regular), 1 liter	1.13 £	0.49 £	-56.35 %
Loaf of Fresh White Bread (500g)	1.27 £	0.32 £	-74.98 %
Eggs (12)	2.33 £	0.55 £	-76.43 %
Fresh Cheese (1kg)	3.30 £	2.12 £	-35.72 %
Chicken Breasts (Boneless, Skinless), (1kg)	10.35 £	1.94 £	-81.26 %
Apples (1kg)	1.76 £	0.69 £	-60.73 %
Oranges (1kg)	0.95 £	0.60 £	-36.63 %
Potato (1kg)	0.73 £	0.20 £	-72.23 %
Lettuce (1 head)	0.96 £	0.26 £	-73.35 %
Water (1.5 liter bottle)	1.43 £	0.32 £	-77.55 %
Bottle of Wine (Mid-Range)	5.54 £	13.22 £	+138.69 %
Domestic Beer (0.5 liter bottle)	2.79 £	0.82 £	-70.69 %
Imported Beer (0.33 liter bottle)	2.50 £	0.38 £	-84.87 %
Pack of Cigarettes (Marlboro)	5.94 £	0.72 £	-87.87 %
<b>Transportation</b>			
One-way Ticket (local transport)	2.03 £	0.12 £	-94.17 %
Monthly Pass	32.79 £	?	
Taxi Start (Normal Tariff)	2.48 £	0.38 £	-84.76 %
Taxi 1km (Normal Tariff)	?	0.12 £	
Taxi 1hour Waiting (Normal Tariff)	?	1.26 £	
Gasoline (1 liter)	1.30 £	0.66 £	-49.03 %
Volkswagen Golf 1.4 90 KW Trendline (Or Equivalent New Car)	15,528.54 £	12,591.81 £	-18.91 %



# Cost of Living

## Karachi - Pakistan

<b>Utilities (Monthly)</b>	<b>Glasgow</b>	<b>Karachi</b>	<b>Difference</b>
Basic (Electricity, Gas, Water, Garbage)	129.51 £	64.78 £	-49.98 %
1 min. of Prepaid Mobile Tariff Local (No Discounts or Plans)	0.19 £	0.02 £	-89.33 %
Internet (6 Mbps, Flat Rate, Cable/ADSL)	25.26 £	11.43 £	-54.77 %
<b>Sports and Leisure</b>			
Fitness Club, Monthly Fee for 1 Adult	36.46 £	11.79 £	-67.66 %
Tennis Court Rent (1 Hour on Weekend)	?	7.56 £	
Cinema, International Release, 1 Seat	7.30 £	2.33 £	-68.07 %
<b>Clothing and Shoes</b>			
1 Pair of Levis 501 (Or Equivalent)	55.67 £	14.69 £	-73.61 %
1 Summer Dress in a Chain Store (Zara, H&M, ...)	44.63 £	29.18 £	-34.62 %
1 Pair of Nike Shoes	57.36 £	28.41 £	-50.47 %
1 Pair of Men Leather Shoes	67.51 £	21.80 £	-67.71 %
<b>Rent per Month</b>			
Apartment (1 bedroom) in City Centre	577.27 £	73.28 £	-87.31 %
Apartment (1 bedroom) Outside of Centre	443.69 £	48.79 £	-89.00 %
Apartment (3 bedrooms) in City Centre	923.02 £	149.59 £	-83.79 %
Apartment (3 bedrooms) Outside of Centre	605.72 £	99.85 £	-83.51 %
<b>Buy Apartment Price</b>			
Price per Square Meter to Buy Apartment in City Centre	?	480.57 £	
Price per Square Meter to Buy Apartment Outside of Centre	?	249.30 £	
<b>Salaries and Financing</b>			
Median Monthly Disposable Salary (After Tax)	1,581.00 £	229.20 £	-85.50 %
Mortgage Interest Rate in Percentages (%), Yearly	4.50	18.00	+300.00 %

Cost are approximately and cannot be verified.

# Cost of Living

## Manila - Philippines

<b>Restaurants</b>	<b>Glasgow</b>	<b>Manila</b>	<b>Difference</b>
Meal, Inexpensive Restaurant	15.95 £	1.72 £	-89.20 %
Meal for 2, Mid-range Restaurant, Three-course	40.37 £	7.84 £	-80.59 %
Combo Meal at McDonalds or Similar	5.23 £	1.66 £	-68.15 %
Domestic Beer (0.5 liter draught)	2.61 £	0.45 £	-82.69 %
Imported Beer (0.33 liter bottle)	2.98 £	0.83 £	-72.08 %
Cappuccino (regular)	1.90 £	1.35 £	-28.91 %
Coke/Pepsi (0.33 liter bottle)	1.03 £	0.29 £	-72.26 %
Water (0.33 liter bottle)	1.01 £	0.24 £	-76.62 %
<b>Markets</b>			
Milk (regular), 1 liter	1.13 £	1.02 £	-9.81 %
Loaf of Fresh White Bread (500g)	1.27 £	0.75 £	-40.96 %
Eggs (12)	2.33 £	0.93 £	-60.12 %
Fresh Cheese (1kg)	3.30 £	4.79 £	+45.10 %
Chicken Breasts (Boneless, Skinless), (1kg)	10.35 £	2.22 £	-78.51 %
Apples (1kg)	1.76 £	1.55 £	-12.36 %
Oranges (1kg)	0.95 £	1.75 £	+84.04 %
Potato (1kg)	0.73 £	0.92 £	+25.69 %
Lettuce (1 head)	0.96 £	1.17 £	+21.61 %
Water (1.5 liter bottle)	1.43 £	0.52 £	-63.33 %
Bottle of Wine (Mid-Range)	5.54 £	4.00 £	-27.79 %
Domestic Beer (0.5 liter bottle)	2.79 £	0.43 £	-84.67 %
Imported Beer (0.33 liter bottle)	2.50 £	1.20 £	-51.98 %
Pack of Cigarettes (Marlboro)	5.94 £	0.51 £	-91.47 %
<b>Transportation</b>			
One-way Ticket (local transport)	2.03 £	0.21 £	-89.50 %
Monthly Pass	32.79 £	10.36 £	-68.39 %
Taxi Start (Normal Tariff)	2.48 £	0.58 £	-76.48 %
Taxi 1km (Normal Tariff)	?	0.45 £	
Taxi 1hour Waiting (Normal Tariff)	?	2.68 £	
Gasoline (1 liter)	1.30 £	0.73 £	-44.23 %
Volkswagen Golf 1.4 90 KW Trendline (Or Equivalent New Car)	15,528.54 £	22,159.91 £	+42.70 %



# Cost of Living

## Manila - Philippines

<b>Utilities (Monthly)</b>	<b>Glasgow</b>	<b>Manila</b>	<b>Difference</b>
Basic (Electricity, Gas, Water, Garbage)	129.51 £	50.52 £	-60.99 %
1 min. of Prepaid Mobile Tariff Local (No Discounts or Plans)	0.19 £	0.10 £	-47.89 %
Internet (6 Mbps, Flat Rate, Cable/ADSL)	25.26 £	17.42 £	-31.05 %
<b>Sports And Leisure</b>			
Fitness Club, Monthly Fee for 1 Adult	36.46 £	21.26 £	-41.67 %
Tennis Court Rent (1 Hour on Weekend)	?	3.53 £	
Cinema, International Release, 1 Seat	7.30 £	2.30 £	-68.53 %
<b>Clothing And Shoes</b>			
1 Pair of Levis 501 (Or Equivalent)	55.67 £	23.64 £	-57.54 %
1 Summer Dress in a Chain Store (Zara, H&M, ...)	44.63 £	16.54 £	-62.95 %
1 Pair of Nike Shoes	57.36 £	43.81 £	-23.62 %
1 Pair of Men Leather Shoes	67.51 £	33.47 £	-50.42 %
<b>Rent Per Month</b>			
Apartment (1 bedroom) in City Centre	577.27 £	177.12 £	-69.32 %
Apartment (1 bedroom) Outside of Centre	443.69 £	147.67 £	-66.72 %
Apartment (3 bedrooms) in City Centre	923.02 £	471.67 £	-48.90 %
Apartment (3 bedrooms) Outside of Centre	605.72 £	182.63 £	-69.85 %
<b>Buy Apartment Price</b>			
Price per Square Meter to Buy Apartment In City Centre	?	969.93 £	
Price per Square Meter to Buy Apartment Outside of Centre	?	293.86 £	
<b>Salaries And Financing</b>			
Median Monthly Disposable Salary (After Tax)	1,581.00 £	215.07 £	-86.40 %
Mortgage Interest Rate in Percentages (%), Yearly	4.50	18.25	+305.56 %

Cost are approximately and cannot be verified.

Last update

December, 2011    January, 2012